

Enlisten Listening Programs can improve:

LEARNING

- Academic achievement
- Attention & Concentration
- Comprehension
- Memory
- Organization

Listening & Language

- Emerging Language
- Voice quality & fluency
- Speech clarity
- Confident self expression
- Reading
- Writing
- Spelling

Movement-Rhythm & Music

- Balance
- Body awareness
- Sports performance
- Handwriting
- Eye hand coordination
- Musical enjoyment
- Singing
- Playing an instrument

Personal Growth

- Relaxation
- Ability to handle change
- Sense of well-being
- Motivation & focus
- Self-confidence
- Social interaction
- Behavior
- Creativity
- Career performance
- Creativity/Art Expression
- Overcome history of failure

Computer-based, Individualized Listening Training Programs

Enlisten programs offer something to all! No matter what age or level of proficiency. New competencies have been gained for people from foundational and developmental levels to optimizing skills for professionals. Changes in processing translate into improvements in academic/career performance, self esteem, and emotional intelligence.

Why Listening Matters

Listening is much more than a mechanical function provided by our ears. While hearing is the passive reception of sound, listening is the active acknowledgement, distinction, and organization of sound information.

Effective listeners differentiate between distracting sounds and essential information that needs processing. They distinguish differences between sounds, a skill that is essential for good reading. In fact, good listening is the foundation for developing all language and learning abilities and is necessary for conveying our thoughts and feelings to others.

The revolutionary work of Dr. Alfred Tomatis (1920-2001), French ear, nose, and throat specialist, provided a new view and understanding of the functions of the ear and of listening. He pioneered the development of sound stimulation training to improve listening and the voice. Billie Thompson, PhD., trained with Dr. Tomatis in France and was the first trainer of the Tomatis Method in the United States. She has served over 6,500 families between 1986 and 2003. Dr. Thompson developed new technology and software to deliver an evolution of Dr. Tomatis' work and to expand the reach of sound training in an easy and cost effective way.

My 6th grade son has always struggled with remaining focused in his school and other everyday activities. He recently completed the first half of the Enlisten program. While initially challenging to get through, he commented that after several days he began to actually enjoy the time spent listening. He also remarked that school seemed more fun, his concentration was better, that he had "the best day at school ever", and that he felt happier and less depressed. Wow! All that and the honor roll, too?? Double wow!

For more information visit: www.SoundListening.com

Listening Session Schedule:

Enlisten sound integration training is typically a 60 hour program divided into two 30 hour Intensives. The first Intensive consists of 2 hours a day for fifteen consecutive days. Each day or session will be usually divided into four, thirty minute segments. After the first intensive there is approximately a 4 week break before resuming the next 30 hour Intensive. The second intensive will again require 2 hours a day for another fifteen days. The second intensive will usually include a half hour of active voice work in addition to the listening. There may be some instances a client may require more than 60 hours of training to reach the maximum benefits of the program. Any unscheduled break during each intensive will need to be discussed and approved by the Enlisten practitioner.

Enlisten helps those with:

- *Autism/Aspergers*
- *ADD/ADHD*
- *Sensory Integration-Regulation problems*
- *Learning Disabilities*
- *Developmental delays*
- *Dyslexia*
- *Sound sensitivity*
- *Speech issues*

need

Listening:

During the training the client may do many activities, however they **cannot**: watch TV, play video games, play on the computer, or read. Some suggested activities: drawing, art projects, knitting, writing, puzzles, legos or building blocks, body movements such as yoga, tai chi, playing cards and some board games.

Assessment Schedule:

An initial evaluation with David Garcia at The Learning Gym will be required prior to starting the program. A Listening Test will be done before treatment begins and a Midpoint evaluation will be scheduled following the first intensive, 1 week prior to starting the 2nd Intensive.

Client response to program: Some of the *temporary* side effects of the sound integration training *may* include: fatigue, hyperactivity, emotional outburst, anger, irritability, disorganization, regressive behaviors, dizziness, headaches, and a sense of independence in situations where a child should not be left unattended. The client may experience positive changes in listening, general well being, speech, language, reading, spelling, writing, auditory processing, sensory integration, motor skills, self-confidence, socialization, improved sleep, and a more varied diet. Client Response, observations and feedback to the program are strongly recommended via phone or email with the Director.